



# FALL 2016

## ACTIVITY SCHEDULE



# NEWARK PARKS AND RECREATION



## A NOTE FROM OUR DIRECTOR:

Newark Parks and Recreation is proud to serve our Community for nearly 50 years. We have something for everyone including our long standing favorites such as youth soccer, youth basketball, theater and adult fitness as well as new programs to enjoy. Come out and enjoy one of our traditional fall events, like Community Day which will be held on the University of Delaware Green on September 18 and the 69th annual Halloween Parade on October 30. We have an outstanding network of community and neighborhood Parks, trails and open spaces. Get out and enjoy one of our 33 parks and over 17 miles of trails.

Thank you for letting us serve you as we strive to enrich the lives of all residents and promote healthy lifestyles.

Sincerely,  
*Joseph Spadafino*  
Director, Newark Parks and Recreation

## SUGGESTIONS OR COMMENTS

If you have a suggestion or comment regarding the Newark Parks and Recreation department, please let us know. You may contact the department by phone at (302) 366-7000, by email at [parksrec@newark.de.us](mailto:parksrec@newark.de.us), or by mail at 220 South Main Street, Newark, DE 19711. Your input is welcomed and will be considered.



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220 South Main Street, Newark DE 19711

Phone: 302-366-7000 Fax: 302-366-7169

Hours Of Operation: Monday - Friday 8:30 A.M. - 5:00 P.M.

Joseph Spadafino, Director

# NEWARK PARKS AND RECREATION

## EMPLOYMENT OPPORTUNITIES

The Parks and Recreation Department is continuously in search of recreation leaders and instructors with special skills and interests, as well as seasonal park maintenance personnel. The department offers part-time temporary employment opportunities in a wide variety of program areas. We are accepting applications for the fall season for the following positions:

**Youth Soccer Officials**  
**Gymnasium Supervisors**  
**Before & After School Center**

**Park Maintenance**  
**Soccer Instructors**  
**Tennis Instructors**

**Basketball Referees**  
**Basketball Instructors**

In addition, if you have a special talent and would like to share it with others by instructing a class, please contact the Parks and Recreation department. We're open to new and interesting ideas. Examples of instructional classes include handmade crafts, cooking, pottery, music, dance, tennis and hobbies. For additional information on our employment opportunities, call (302) 366-7000 or visit [www.cityofnewarkde.us/play](http://www.cityofnewarkde.us/play).

## VOLUNTEER INFORMATION

The City of Newark Parks and Recreation Department would like to thank the many people who volunteer their time and expertise to assist with special events, coach teams, lend a hand in community service, and assist in leading programs. Volunteers contribute toward making Newark a better community to live, learn, work and play.

The City of Newark, Department of Parks and Recreation, has many volunteer opportunities available to you! From teens through older adults, the department utilizes volunteers in many of our exciting and fun activities. More information, opportunities and volunteer applications are available online at [www.cityofnewarkde.us/play](http://www.cityofnewarkde.us/play). We look forward to working with you! The following are just a few areas where volunteer assistance is needed:

**Youth Sports League Coaches**  
**Preschool and Youth Activities**  
**Office Assistance**  
**Park & Trail Maintenance**

### Fall Community Events

Newark Community Day  
Fall Community Clean Up  
Halloween Parade  
Halloween Party at GWC

Mayor's Masquerade  
Turkey Trot 5k/10k Race  
Special Interest Programs

## THANK YOU FOR VOLUNTEERING!



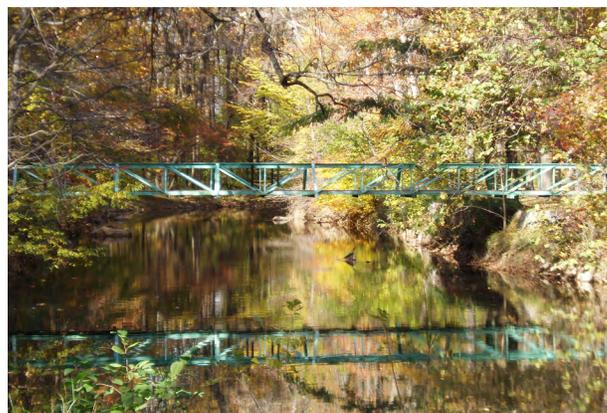
# NEWARK PARKS AND RECREATION

## TRAFFIC ISLAND BEAUTIFICATION PROGRAM

The City of Newark's Parks and Recreation Department would like to extend a unique opportunity to you and your business. We invite you to take part in helping to beautify our community and also allow your business to be seen on heavily traveled roads by residents and visitors. To show your support, an island beautification sign is placed on a site with your business name printed on it. With the completion of DelDOT's improvements to South Main Street there are many sites available. For more information please call the Recreation office at 302-366-7000.

## ADOPT-A-PARK/STREAM PROGRAM

The City of Newark has 17 miles of trails and 33 parks totaling over 650 acres of parkland. Newark's Parks and Recreation Department is offering local civic, social, school and family groups an opportunity for direct stewardship of our park and stream areas. The Adoption program asks that your group pick up litter at the agreed upon park area at least one time each month. Trash bags will be provided. The Parks and Recreation Department can provide a list of parks or stream areas to select from. Other care or improvement options are possible, such as horticultural plantings or stream bank erosion protection. For more information, contact Christina Palmer of the Parks and Recreation Department at (302) 366-7000, or by email at [cpalmer@newark.de.us](mailto:cpalmer@newark.de.us). A special thank you to the organizations who are currently involved in the Adopt-A-Park/Stream program.



*Curtis Mill Park-Methvin Family*

*Dorothy Miller Park-Energy & Environmental Policy Student Association*

*Fairfield Crest Park-Conkey Family*

*Folk Park-Girl Scout Troop #42, #176 & Kindness Matters in Delaware Youth Group*

*Hidden Valley Park-Menzer Family*

*Kells Park-Sigma Alpha Professional Agriculture Sorority*

*Lewis Park-Delaware Autism Program*

*Norma B. Handloff Park-Boy Scout Troop #56*

*Olan Thomas – Kucienski Family*

*Old Paper Mill Park-Lambda Chi Alpha Fraternity*

*Phillips Park-Newark Center for Creative Learning*

*Pomeroy & Newark Rail Trail-Tom Burke*

*Rittenhouse Park – Gallaher Family*

*Stafford Park – McBride Family*



# ADOPT-A-PARK

# NEWARK PARKS AND RECREATION

## GEORGE WILSON COMMUNITY CENTER

### 303 NEW LONDON ROAD

If you are planning a special occasion or need a meeting place for your organization or group, the George Wilson Community Center (GWC) may be the perfect location! Located at 303 New London Road (across from Clayton Hall), the GWC is Newark's best-kept secret as a multi-purpose meeting space. The indoor facilities are available to organizations or individuals for rental purposes. The Main Hall has a seating capacity of 150 people. Each meeting room has a seating capacity of 20 people. If you are planning a birthday party, anniversary, baby shower or would like to hold a civic, business or other meeting, please call the Parks and Recreation department or stop by to speak with the professional staff. In addition to affordable rates, we offer a staff person on site during all rentals, who will provide set up and take down of tables and chairs. Additional equipment is available for your unique needs, such as a big screen TV, DVD player, stage and podium. Food and refreshments are permitted; however, alcoholic beverages are prohibited. A kitchen is also available to keep your refreshments and meals at the optimum temperatures and to keep your rental room clutter-free and clean.

### FACILITY RENTAL RATES (RATES ARE SUBJECT TO CHANGE)

ROOM	SHORT TERM *	LONG TERM **
Main Hall	\$40/HR	\$30/HR
Meeting Room	\$25/HR	\$20/HR
Kitchen	\$20/HR	\$20/HR

*\*The short term rental rate is any one-time rental.*

*\*\*The Long Term Rental Rate is available for those who book four or more rental reservation dates within a six (6) month time frame.*



### RENTALS MUST BE RESERVED IN PERSON

A \$50 non-refundable deposit is due at time of reservation.

For more rental information or to schedule an appointment, please contact the George Wilson Center by telephone at (302) 366-7000 or by email at [gwc@newark.de.us](mailto:gwc@newark.de.us).

### BIRTHDAY PARTIES AT THE GEORGE WILSON CENTER (AGES 4 - 10)

Parents can leave the planning at the door and let GWC staff plan, program, set-up, and clean-up afterward. You provide the kids and we'll provide the party. All parties are subject to availability of facilities. Reservations are required at least three weeks in advance of the party. All packages include set up and take down of tables and chairs. All packages are specifically designed for up to 12 children. There is a \$5 charge for each additional child. For more rental information or to schedule a party please contact the George Wilson Center by telephone at (302) 366-7000 or by email at [gwc@newark.de.us](mailto:gwc@newark.de.us).

#### PARTY PACKAGE #1 \$170

Staff host for 2 ½ hours  
2 Hour birthday party  
12 Goody bags  
T-shirt for birthday child  
1 Arts and crafts project  
Various birthday games

#### PARTY PACKAGE #2 \$190

All items in package #1  
in addition to:  
Birthday paper products  
Birthday banner  
Tablecloths

#### PARTY PACKAGE #3 \$220

All items in Packages #1 & #2  
in addition to:  
4 large pizzas  
Fruit punch

# NEWARK PARKS AND RECREATION

## FREQUENTLY ASKED QUESTIONS

### WHO IS A NEWARK RESIDENT?

Newark residents live within the corporate city limits. Not all persons with Newark mailing addresses live within the city limits. If you receive a City of Newark electric bill, you are a Newark resident. Not sure? The Parks and Recreation staff will be able to assist you (302) 366-7000. Those persons not living within the city limits are welcome to enjoy our activities at the fee listed.

### WHAT DOES RDF STAND FOR?

RDF stands for Resident Discounted Fee. The City of Newark Parks and Recreation Department strives to provide quality and affordable recreation opportunities to the community. In recognizing that City of Newark residents support our department along with other city services through their city taxes, residents are offered a discounted fee. Non-residents will pay the regular fee for programs. If you're unsure about resident status, you may call the Parks and Recreation department at (302) 366-7000.

### DOES THE CITY OF NEWARK OFFER FINANCIAL ASSISTANCE?

The City of Newark is committed to providing recreational opportunities to everyone without regard to economic circumstances. For this reason, a Fee Assistance Program is available for qualifying individuals (youths and adults). If you are interested in finding out more about the program, you are encouraged to contact Paula Ennis, Recreation Superintendent, at the Parks and Recreation office for more information. All inquiries and requests are strictly confidential. Funding for this program has been secured through the Federal Community Development Block Grant and is available on a limited basis.

### JAMES F. HALL YOUTH SCHOLARSHIP FUND

The City and family and friends of Jim Hall have established a scholarship to honor his memory and recognize his great contribution to the Newark community. Jim Hall was the City's first Parks and Recreation Director, an outdoorsman and a conservationist. He founded our Summer Playground and Rittenhouse Camp programs to share his love of nature with Newark's young people. The purpose of the scholarship is to provide tuition assistance to youth who would otherwise be unable to participate in our activities and programs. For more information call the Parks and Recreation office at (302) 366-7000. All inquiries and application materials are strictly confidential.



# SCHOOL AGE CARE

## BEFORE & AFTER CARE

### DOWNES & WEST PARK

#### Ages K - 5th grade

The City of Newark before and after school programs offer children enriching learning opportunities in a fun environment and the ability to engage in a wide variety of activities. Activities include arts and crafts, indoor/outdoor play, games, homework help and special projects. This program is for Downes and West Park Elementary School students only. The Before School Center is open 7 - 8:15 a.m. and is for children in grades K - 5. Our After School Center is open 3 - 6 p.m. for children in grades K - 5 for both schools. September payment is due at the time of registration (form included at the back of brochure). You can sign up for recurring payments through the Parks and Recreation Office or pay online after initial registration is received. The program will not operate when schools are closed. October's tuition will be due by September 10th. State of Delaware information forms are required prior to your child attending. Paperwork will be mailed to you prior to your child's attendance in the program. Purchase of Care is accepted at both sites.

#### AFTER CARE - DOWNES - FULL!

**Activity #:** 1311-096

**Fee:** \$169 **RDF:** \$159

**Dates:** Aug. 29 - June 15

**Days:** Mon. - Fri.

**Hours:** 3 - 6 p.m.

**Location:** Downes E.S.

#### AFTER CARE - WEST PARK

**Activity #:** 1320-096

**Fee:** \$169 **RDF:** \$159

**Dates:** Aug. 29 - June 15

**Days:** Mon. - Fri.

**Hours:** 3 - 6 p.m.

**Location:** West Park E.S.

#### BEFORE CARE -DOWNES

**Activity #:** 1317-096

**Fee:** \$148 **RDF:** \$138

**Dates:** Aug. 29 - June 15

**Days:** Mon. - Fri.

**Hours:** 7 - 8:15 a.m.

**Location:** Downes E.S.

#### BEFORE CARE -WEST PARK

**Activity #:** 1321-096

**Fee:** \$148 **RDF:** \$138

**Dates:** Aug. 29 - June 15

**Days:** Mon. - Fri.

**Hours:** 7 - 8:15 a.m.

**Location:** West Park E.S.



# SCHOOL AGE CARE

## SCHOOL'S OUT KIDS DAY OFF

### Ages 5 - 12

A day off from school means a day of fun, games (indoor and out, weather permitting) and crafts. Children must bring lunch; snack will be provided. Children must be currently enrolled in grades K-6. Our program hours are 9am-5pm. Early drop off at 7:30 a.m. and late pickup by 5:30 p.m. is available.

**Fee:** \$50 **RDF:** \$41

**Hours:** 7:30 a.m. - 5:30 p.m.

**Location:** George Wilson Center

**Tues. Sep. 13**

**Activity #:** 1319-306

**Mon. Oct. 3**

**Activity #:** 1319-316

**Fri. Oct. 7**

**Activity #:** 1319-326

**Wed. Oct. 12**

**Activity #:** 1319-336

**Fri. Nov. 11**

**Activity #:** 1319-346

**Tues. Dec. 27**

**Activity #:** 1319-356

**Wed. Dec. 28**

**Activity #:** 1319-366

**Thu. Dec. 29**

**Activity #:** 1319-376

**Fri Dec. 30**

**Activity #:** 1319-386

**Mon Jan. 2**

**Activity #:** 1319-396

## HOW TO WATCH A GOOD ACTIVITY DIE

*Nothing kills a good activity more quickly than everyone waiting until the last minute to register. You see, there's a point where, if there are not enough registrants, an activity is cancelled. Coming on the day of the activity to sign-up won't resurrect it, so please register early.*

## TURKEY TIME

### Ages 5 - 12

Join The Newark Parks and Recreation department the week of Thanksgiving for a couple of days of fun, games (indoor and out, weather permitting) and crafts revolving around the holiday theme. Children must bring lunch; snack will be provided. Children must be currently enrolled in grades K-6. Our program hours are 9 a.m. - 5 p.m. Early drop off at 7:30 a.m. and late pickup by 5:30 p.m. is available. Registration deadline is one week in advance.

**Fee:** \$50 **RDF:** \$41.

**Hours:** 7:30 a.m. - 5:30 p.m.

**Location:** George Wilson Center

**Mon. Nov. 21**

**Activity #:** 1318-306

**Tue. Nov. 22**

**Activity #:** 1318-316

**Wed. Nov. 23**

**Activity #:** 1318-326



# SPORTS & AQUATICS

## NEW!

### OUTDOOR FALL VOLLEYBALL LEAGUE

#### Ages 18 & over

The City of Newark will be sponsoring an outdoor fall co-rec volleyball league from mid - September through the end of October on Monday nights. The league fee is \$145 for five (3 game) matches plus a single elimination tournament. Send information to the Parks and Recreation Department, Attn: Recreation Supervisor of Athletics.

### YOUTH VOLLEYBALL BASIC & ADVANCED

#### Ages 4th - 8th

*Ken Cranker*

Bump, set and spike! Find out what it's all about in this six week program that will introduce boys and girls to the basic and advanced fundamental skills of volleyball and team play. The first part of each session will be instruction and drills for practice followed by game play. Players will be divided based on skill level.

**Activity #:** 2602 -306

**Fee:** \$85 **RDF:** \$72

**Dates:** Sep. 17 - Oct 22

**Days:** Sat.

**Hours:** 9 - 10:30 a.m.

**Location:** West Park E.S.

### ADULT WINTER VOLLEYBALL LEAGUES

Teams interested in joining our winter volleyball leagues should submit a request to the Recreation Office. There are two divisions: Gender Blind B and A/BB. Please specify a division when registering. Last year's teams will be given priority placement. New teams will be accepted on a first come, first served basis, as openings occur. League play will begin the week of Nov 9 and end in March. A mandatory organizational meeting will be held Tuesday, Oct 18 at 7:30 p.m. in the Newark Municipal Building, 220 South Main Street. For more information call the Recreation Office at 366-7000.

**FOR UPDATES ON ACTIVITY  
CANCELLATIONS CALL THE LEISURE  
TIME HOTLINE  
(302) 366-7147**

### CO-REC VOLLEYBALL

#### Ages 18 & over

Grab a friend and join other volleyball lovers for fun and fitness! All players must register in advance. All equipment is provided. Pick up teams are formed nightly for games.

**Activity #:** 3631-106

**Fee:** \$75 **RDF:** \$60

**Dates:** Jan. 3 - Mar. 23

**Days:** Tue. & Thu.

**Hours:** 8 - 9:30 p.m.

**Location:** West Park E.S.



### N.B.A. (NEWARK BASKETBALL IN ACTION)

#### Ages 18 & over

Looking for a great way to have fun and stay in shape for the fall & winter months? Come to the drop-in basketball sessions. Teams are formed each day for informal games. All participants must register in advance.

**Activity #:** 3630-306

**Fee:** \$55 **RDF:** \$42

**Dates:** Sep. 21 - Dec. 14

*(No class 11/23)*

**Days:** Wed.

**Hours:** 7 - 9 p.m.

**Location:** Newark H.S.

**Activity #:** 3630-107

**Fee:** \$55 **RDF:** \$42

**Dates:** Jan. 4 - Mar. 22

**Days:** Wed.

**Hours:** 7 - 9 p.m.

**Location:** Newark H.S.

# SPORTS & AQUATICS

## PINT SIZE BASKETBALL

### Ages 4 - 7

Fun, teamwork, sportsmanship and learning the fundamentals of dribbling, passing, and shooting are the goals of this program. Scrimmage games will be played. All equipment is provided. Boys and girls are welcome. Gym shoes must be worn.

### Ages 4 - 5

**Activity #:** 0600-306      **Fee:** \$59 **RDF:** \$46  
**Dates:** Sep. 12 - Oct. 10  
**Days:** Mon.      **Hours:** 6 - 6:45 p.m.  
**Location:** McVey E.S.

**Activity #:** 0600-107      **Fee:** \$59 **RDF:** \$46  
**Dates:** Jan. 9 - Feb. 13      *(No class 1/16)*  
**Days:** Mon.      **Hours:** 6 - 6:45 p.m.  
**Location:** McVey E.S.

### Ages 6 - 7

**Activity #:** 1600-306      **Fee:** \$59 **RDF:** \$46  
**Dates:** Sep. 12 - Oct. 10  
**Days:** Mon.      **Hours:** 7 - 7:45 p.m.  
**Location:** McVey E.S.

**Activity #:** 1600-107      **Fee:** \$59 **RDF:** \$46  
**Dates:** Jan. 9 - Feb. 13      *(No class 1/16)*  
**Days:** Mon.      **Hours:** 7 - 7:45 p.m.  
**Location:** McVey E.S.



## YOUTH BASKETBALL LEAGUES

### Ages 8 - 14

The recreational youth basketball program emphasizes participation, fun, sportsmanship, and skill development. Practice sessions begin in November with league play from early December to mid-March. Each team practices or plays twice weekly. All participants must meet age guidelines as of March 1, 2017 (proof of age required with registration). Skills Session: Each league will be conducting their own skills session in October prior to the start of the practices. All players registering for the basketball leagues must attend their league's skills session. Previous year players to the league who register before the skills session can return to their team from last year. They don't need to come to the skills session unless they request to be placed on a different team. At the skills session, players will go through a series of basketball drills. All skills sessions will be held at West Park Elementary School on Tuesday, October 18 (Jump Shot - 5:30 p.m., Elementary - 6:00 p.m., Junior - 6:30 p.m.).

League:	Ages:	Activity:	Fee:	RDF:	Dates:	Days:	Hours:	Location:
Jump Shot	8 - 9	1667-306	\$107	\$90	Nov. 7 - March 16	Mon. - Thu.	6 - 8 p.m.	West Park E.S.
Elementary	10 - 11	1655-306	\$118	\$98	Nov. 7 - March 16	Mon. - Thu.	6 - 8 p.m.	Downes E.S.
Junior	12 - 14	2655-306	\$138	\$118	Nov. 7 - March 16	Mon. - Thu.	6 - 8 p.m.	Newark H.S.

# SPORTS & AQUATICS

## RESIDENT DISCOUNT FEE (RDF)

*In recognizing that City of Newark residents support our department along with other City Services, through their city taxes, the City offers residents a discounted fee. Non-residents will pay the regular fee for the programs.*

## BEGINNER SWIM

### Ages 4 - 12

In this introductory class, participants will learn the basic skills of water orientation including: blowing bubbles, bobs, submerge mouth, nose and eyes, floats and recovery, alternating arm action, supported kicking and jumps. This is NOT a parent/child program and participants must be comfortable leaving parent for the duration of the lesson.

**Activity #:** 0630-306      **Fee:** \$89 **RDF:** \$75  
**Dates:** Sep. 10 - Oct. 29  
**Days:** Sat.      **Hours:** 9 - 9:45 a.m.  
**Location:** Newark Senior Center

**Activity #:** 0630-316      **Fee:** \$56 **RDF:** \$45  
**Dates:** Nov. 5 - Dec. 10      *(No class 11/26)*  
**Days:** Sat.      **Hours:** 9 - 9:45 a.m.  
**Location:** Newark Senior Center

## ADVANCED BEGINNER SWIM

### Ages 4 - 12

Participants will work on developing fundamental aquatic skills and independent performance of the basic skills: bob, floats, glides, flutter kick, jumps, front and back crawl, body alignment, turning over and body position and will begin work on rhythmic breathing. Prerequisites: Participants must be comfortable in the water and be able to perform an assisted back float for 3-5 seconds.

**Activity #:** 1630-306      **Fee:** \$89 **RDF:** \$75  
**Dates:** Sep. 10 - Oct. 29  
**Days:** Sat.      **Hours:** 10 - 10:45 a.m.  
**Location:** Newark Senior Center

**Activity #:** 1630-316      **Fee:** \$56 **RDF:** \$45  
**Dates:** Nov. 5 - Dec. 10      *(No class 11/26)*  
**Days:** Sat.      **Hours:** 10 - 10:45 a.m.  
**Location:** Newark Senior Center

## INTERMEDIATE SWIM

### Ages 4 - 12

Participants will work on stroke development including introduction to deep water bobs, elementary breaststroke, butterfly kick and body motion and treading. Participants will also continue to develop continued improvement in front and back crawl, glides and rotary breathing. Prerequisites: Must be able to swim independently on back and front for 5 yards, must be comfortable in deeper water.

**Activity #:** 1636-306      **Fee:** \$89 **RDF:** \$75  
**Dates:** Sep. 10 - Oct. 29  
**Days:** Sat.      **Hours:** 11 - 11:45 a.m.  
**Location:** Newark Senior Center

**Activity #:** 1636-316      **Fee:** \$89 **RDF:** \$75  
**Dates:** Nov. 5 - Dec. 10      *(No class 11/26)*  
**Days:** Sat.      **Hours:** 11 - 11:45 a.m.  
**Location:** Newark Senior Center

## ADULT SWIM LESSONS

### Ages 16 & over

Participants will be grouped into a single "beginner" category as this program is designed to help adults learn the basics of aquatic locomotion and safety, including: water comfort and buoyancy, putting your face in the water, back and front float, kicking, and basic arm motions. Come and learn in a comfortable, safe environment.

**Activity #:** 3521-306      **Fee:** \$89 **RDF:** \$75  
**Dates:** Sep. 10 - Oct. 29  
**Days:** Sat.      **Hours:** 12 - 12:45 p.m.  
**Location:** Newark Senior Center

**Activity #:** 3521-316      **Fee:** \$56 **RDF:** \$45  
**Dates:** Nov. 5 - Dec. 10  
**Days:** Sat.      **Hours:** 12 - 12:45 p.m.  
**Location:** Newark Senior Center

# SPORTS & AQUATICS

## ARCHERY CLINIC

**Ages 8 & over**

*Carol Protack*

This archery clinic is designed to introduce the sport of archery. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. Participants will be hitting the bull's eye in no time. Space is limited. Pre-registration is required by the Friday before the event.

**Activity #:** 1651-306

**Fee:** \$44 **RDF:** \$32

**Dates:** Sep. 29

**Days:** Thu.

**Hours:** 5:30 - 7:30 p.m.

**Location:** New Castle 100 Archers

## BASIC INTRODUCTION TO ARCHERY

**Ages 8 & over**

*New Castle 100 Archers Staff*

This introductory class will cover the basic fundamentals of archery. The beginning archer will learn safety rules, basic shooting techniques and about the different types of bows. Bare-bow style of archery instruction will be taught. This is the simplest bow set up and the best way to start out learning. All equipment will be provided for you.

**Activity #:** 1652-306

**Fee:** \$57 **RDF:** \$41

**Dates:** Oct. 6 - 27

**Days:** Thu.

**Hours:** 5:30 - 7:30 p.m.

**Location:** New Castle 100 Archers

## ADULT ARCHERY CLASS

**Ages 20 & over**

*Carol Protack*

This archery class is designed to introduce the sport of archery to adults. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. Participants will be hitting the bull's eye in no time.

**Activity #:** 3654-306

**Fee:** \$70 **RDF:** \$57

**Dates:** Nov. 3 - Dec. 1

*(No class 11/24)*

**Days:** Thu.

**Hours:** 5:30 - 7 p.m.

**Location:** New Castle 100 Archers



## PARENT & CHILD GOLF

**Ages 7 - 17**

*Deerfield Golf Club Staff*

Tee up with your 7-17 year old this fall! If you're both beginners, you'll learn the basics together; if you're already a golfer, you can improve your game while your child gets a solid introduction to the sport. It's a great way to spend time together, get some exercise and have fun! Fee covers one child and one adult; please register the child only. Each additional family member is \$85.

**Activity #:** 1640-316

**Fee:** \$210 **RDF:** \$188

**Dates:** Aug. 29 - Sep. 2

**Days:** Mon. - Fri.

**Hours:** 5:30 - 6:30 p.m.

**Location:** Deerfield Golf & Tennis Club

## GOLF FOR GIRLS

**Ages 7 - 17**

*Deerfield Golf Club Staff*

This program provides an opportunity for girls ages 7-17 to learn to play golf, build lasting friendships, and experience competition in a fun, supportive environment, preparing them for a lifetime of enjoying the game of golf.

**Activity #:** 1640-306

**Fee:** \$141 **RDF:** \$124

**Dates:** Aug. 29 - Sep. 2

**Days:** Mon. - Fri.

**Hours:** 4:30 - 5:30 p.m.

**Location:** Deerfield Golf & Tennis Club

# SPORTS & AQUATICS



## FALL FUN GOLF

**Ages 7 - 17**

*Deerfield Golf Club Staff*

Fall into fun and swing into golf! Deerfield Golf Club is offering a fall golf clinic that is sure to give you 5 days of fun learning the game of golf! The instructional program is designed to spend one hour each day working on a different element of the game. The 5 Days of Fun clinic includes putting, chipping, pitching, full swing and more! Space is limited so be sure to sign up early!

**Activity #:** 1644-306

**Fee:** \$141 **RDF:** \$124

**Dates:** Sep. 12 - 16

**Days:** Mon. - Fri.

**Hours:** 4:30 - 5:30 p.m.

**Location:** Deerfield Golf & Tennis Club

## PICKLEBALL

**Ages 18 & over**

*Tom Foster*

Try one of the fastest growing sports in America! Pickleball is a sport described as a combination of ping pong, tennis and badminton. It's a great workout for players of all ages and most importantly tons of fun! Tennis court at the George Wilson Center now has lines painted for pickleball. Learn how to play the game at this introductory event. No experience necessary. No Paddle? No problem. Equipment will be provided.

**Activity #:** 1618-306

**Fee:** FREE

**Dates:** Sep. 29

**Days:** Thu.

**Hours:** 10 - 11:30 a.m.

**Location:** George Wilson Park

## LIL SHREDDERS SKATEBOARDING CLASS

**Ages 4 - 7**

For the little one who is itching to get on a board! Participants will learn safety and the basics of skateboarding from experienced instructors, as well as play age-appropriate games and other fun activities. Parents are encouraged to attend and participate with their child. All skaters under the age of 6 must have a parent present during camp/lesson.

**Activity #:** 1520-306

**Fee:** \$90 **RDF:** \$75

**Dates:** Sep. 17 - Oct. 1

**Days:** Sat.

**Hours:** 9:30 - 10:30 a.m.

**Location:** Handloff Park

## GRINDERS (BEGINNER) SKATEBOARDING CLASS

**Ages 8 - 12**

For the future ripper with less than one month of skateboarding experience, Grinders camp will focus on the basics of skateboarding, including pushing, turning, and going down banked ramps. Further curriculum will include proper use of skateboarding equipment and basic terminology. This lesson will also highlight basic tricks for more advanced participants.

**Activity #:** 1521-306

**Fee:** \$90 **RDF:** \$75

**Dates:** Sep. 17 - Oct. 1

**Days:** Sat.

**Hours:** 9:30 - 10:30 a.m.

**Location:** Handloff Park

# SPORTS & AQUATICS

## THRASHERS (INTERMEDIATE) SKATEBOARDING CLASS

### Ages 13 & over

For the skater with more than one month of skateboarding experience and can demonstrate board control and confidence with speed. During the lessons, Thrashers participants will focus on learning new tricks such as drop-in's, and ollies, as well as discuss park etiquette and skateboard maintenance.

**Activity #:** 3520-306                      **Fee:** \$90 **RDF:** \$75  
**Dates:** Sep. 17 - Oct. 1  
**Days:** Sat.                                      **Hours:** 10:30 - 11:30 a.m.  
**Location:** Handloff Park

## YOUTH SOCCER

### Ages 7 - 12

The youth soccer program is one in which children can learn about teamwork, develop individual skills and stay fit while having fun. There are three levels of league play: Little Kickers (ages 5-6 years), Elementary League (7-9 years) and Junior League (9-12 years). The Elementary and Junior leagues consist of pre-season practice and scheduled games in which everyone plays. Standings are kept in the Junior league only, with each team qualifying for the playoffs. Players must meet age requirements as of Nov. 1. Practices for the Elementary and Junior leagues begin the week of August 15 taking place on weeknight evenings and weekends. League play will begin in early to mid-September. Games will be scheduled on Saturdays with Sunday afternoons used as rain dates. Players are encouraged to wear shin guards during practice sessions and games.

## ELEMENTARY SOCCER

**Activity #:** 1662-306                      **Fee:** \$63 **RDF:** \$47  
**Dates:** Aug. 15 - Nov. 5  
**Days:** Sat.                                      **Hours:** 9 - 11 a.m.  
**Location:** Fairfield Park

## JUNIOR SOCCER

**Activity #:** 1663-306                      **Fee:** \$72 **RDF:** \$56  
**Dates:** Aug. 15 - Nov. 12  
**Days:** Sat.                                      **Hours:** 9 - 11 a.m.  
**Location:** Kells Park

## LITTLE KICKERS

### Ages 5 - 6

Each week the Little Kickers will receive 30 minutes of practice from coaches followed by a game. The number of participants registered will determine the number of teams. Two games may be played simultaneously on two fields or back to back on one field. Participants will be broken up in advance and find out which team they are on the first day. The Parks and Recreation department are looking for interested parents who would be willing to assist in the practice with the teams and then be on the sidelines with the team during the games.

**Activity #:** 0662-306                      **Fee:** \$63 **RDF:** \$47  
**Dates:** Sep. 10 - Oct. 15  
**Days:** Sat.                                      **Hours:** 11:30 a.m. - 12:45 p.m.  
**Location:** Handloff Park

## TINY TOT SOCCER

### Ages 3 - 4

A great introduction to soccer! Drills and fun are used to introduce and reinforce skill basics. All children are encouraged to wear shin guards. This is an instructional program, not a league.

**Activity #:** 0601-206                      **Fee:** \$53 **RDF:** \$38  
**Dates:** Sep. 10 - Oct. 15  
**Days:** Sat.                                      **Hours:** 10:15 - 11 a.m.  
**Location:** Handloff Park

## SOCCEROOS

### Ages 4 - 6

This program is a great introduction to the world's most popular sport! This class will be taught indoors and will focus on basic skill development such as dribbling, passing, receiving, shooting, and eye/foot coordination. All children are encouraged to wear shin guards.

**Activity #:** 1603-107                      **Fee:** \$50 **RDF:** \$34  
**Dates:** Jan. 19 - Feb. 23  
**Days:** Thu.                                      **Hours:** 6 - 7 p.m.  
**Location:** McVey E.S.

# SPORTS & AQUATICS

## TENNIS PLAY DAY

### Ages 5 - 10

Come out, play tennis, have fun – including a chance to win some great prizes and learn about the city's many tennis programs. The day includes a hands-on demonstration of Ten and Under Tennis classes (ages 5-10). Parents are required to stay with their children. The group meets outside at the George Wilson Center Tennis Court.

**Activity #:** 1607-306

**Fee:** FREE

**Dates:** Aug. 30

**Days:** Tue.

**Hours:** 5:30 - 7 p.m.

**Location:** George Wilson Center

**FOR UPDATES ON ACTIVITY  
CANCELLATIONS CALL THE LEISURE  
TIME HOTLINE  
(302) 366-7147**

## FIRST SERVERS

### Ages 7 - 10

This program is designed to introduce kids to tennis fundamentals. Racquet handling, eye-hand coordination, court sense and tennis etiquette are stressed. Fun drills and games are implemented to teach these skills. The ultimate goals are good sportsmanship and getting kids excited about tennis. Racquets will be provided. Children should wear sneakers and bring water to drink.

### Ages 7 - 8

**Activity #:** 1643-306

**Fee:** \$65 **RDF:** \$49

**Dates:** Sep. 6 - Oct. 11

**Days:** Tue.

**Hours:** 6:15 - 7 p.m.

**Location:** George Wilson Center

### Ages 9 - 10

**Activity #:** 1654-306

**Fee:** \$65 **RDF:** \$49

**Dates:** Sep. 6 - Oct. 11

**Days:** Tue.

**Hours:** 7:15 - 8:15 p.m.

**Location:** George Wilson Center

## LITTLE TENNIS

### Ages 5 - 6

Little tennis is designed as a very basic introduction to tennis that will teach basic motor development skills to prepare children for tennis. Emphasis will be placed on movement, balance, body and space awareness, as well as eye-hand coordination. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink.

**Activity #:** 0637-306

**Fee:** \$49 **RDF:** \$35

**Dates:** Sep. 6 - Oct. 11

**Days:** Tue.

**Hours:** 5:30 - 6 p.m.

**Location:** George Wilson Center



# SPORTS & AQUATICS

## TENNIS LESSONS

Tennis is one of the only sports that can be played by anyone at any age, at any time of year, and anywhere in the world? Whether you're new to tennis or have played for years – we invite you to enjoy the game with us and other tennis lovers. Lessons provide students with basic tennis technique and skill development. The objectives for each class are to teach you new skills appropriate to your level of play and to improve your existing skills. Bring your own racquet or borrow a-sized racquets. Tennis shoes are required. Tennis balls are provided. Bring water to class.

**Fee:** \$75 **RDF:** \$58

### Ages 11 - 15

Activity #:	Level:	Dates:	Days:	Times:	Location:
1633-316	Beg./Adv Beg.	Sep. 8 - Oct. 13	Thu.	5:45 - 7:15 p.m.	Fairfield Park
1633-306	Beg./Adv Beg.	Sep. 11 - Oct. 16	Sun.	5:45 - 7:15 p.m.	Handloff Park
1635-306	Int./Adv.	Sep. 12 - Oct. 17	Mon.	5:45 - 7:15 p.m.	Handloff Park

### Ages 16 & over

Activity #:	Level:	Dates:	Days:	Times:	Location:
3633-316	Beg./Adv Beg.	Sep. 8 - Oct. 13	Thu.	7:30 - 9 p.m.	Fairfield Park
3633-306	Beg./Adv Beg.	Sep. 11 - Oct. 16	Sun.	7:30 - 9 p.m.	Handloff Park
3635-306	Int./Adv.	Sep. 12 - Oct. 17	Mon.	7:30 - 9 p.m.	Handloff Park

## TEN AND UNDER TENNIS

### Ages 5 - 10

It's a whole new ballgame for kids tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Using the QuickStart Tennis format allows kids to rally back and forth over the net right away and enjoy the game right from the start. You'd never send your 8-year-old out with adult-sized equipment to a full-sized baseball field or basketball court, so why do that on a tennis court? Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink.

### Ages 5 - 7

**Activity #:** 1653-306      **Fee:** \$60 **RDF:** \$44  
**Dates:** Sep. 10 - Oct. 15  
**Days:** Sat.      **Hours:** 9 - 9:45 a.m.  
**Location:** George Wilson Center

### Ages 8 - 10

**Activity #:** 1653-316      **Fee:** \$60 **RDF:** \$44  
**Dates:** Sep. 10 - Oct. 15  
**Days:** Sat.      **Hours:** 10 - 11 a.m.  
**Location:** George Wilson Center



# SPORTS & AQUATICS

## TENNIS WITH THE MAYOR

### Ages 8 & over

Join City of Newark Mayor and tennis lover Polly Sierer on the court for this exciting opportunity. Kids can sign up for a free lesson and adults can test their mettle and compete against Newark's top elected official between the lines. This is a fun, informal way to get to know Mayor Sierer and also get a workout participating in her favorite sport. Sessions will rotate throughout Newark's voting districts. Mayor Sierer will also be out at Community Day (Sunday, Sep. 18 on the UD Green, see page 26) from 1 - 2:30 p.m. for some tennis in the streets.

### Ages 8 - 15

**Activity #:** 1649-306      **Fee:** FREE  
**Dates:** Sep. 24  
**Days:** Sat.      **Hours:** 6 - 7 p.m.  
**Location:** Phillips Park

**Activity #:** 1649-316      **Fee:** FREE  
**Dates:** Oct. 16  
**Days:** Sun.      **Hours:** 6 - 7 p.m.  
**Location:** Handloff Park

### Ages 16 & over

**Activity #:** 3649-306      **Fee:** FREE  
**Dates:** Sep. 24  
**Days:** Sat.      **Hours:** 7 - 8 p.m.  
**Location:** Phillips Park

**Activity #:** 3649-316      **Fee:** FREE  
**Dates:** Oct. 16  
**Days:** Sun.      **Hours:** 7 - 8 p.m.  
**Location:** Handloff Park

## AFTERSCHOOL TENNIS

### Ages 6 - 10

This program is designed for Downes Elementary students to walk to Handloff Park right after school with the instructor. Students who do not attend Downes are eligible to participate but would need to be dropped off at Handloff Park at 3:15 p.m. With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Using the QuickStart Tennis format allows kids to rally back and forth over the net right away. You'd never send your 8-year-old out with adult-sized equipment to a full-sized baseball field or basketball court, so why do that on a tennis court? Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink. Program will not meet on rainy days. In cases of inclement weather the Leisure Time Hotline will be updated by 2 p.m., please call 366-7147.

**Activity #:** 1653-326      **Fee:** \$65 **RDF:** \$49  
**Dates:** Sep. 12 - Oct. 24      *(No class 10/3)*  
**Days:** Mon.      **Hours:** 3 - 4:15 p.m.  
**Location:** Handloff Park



## NEW! SPECIAL OLYMPICS - YOUNG ATHLETES PROGRAM

### Ages 2 - 7

Special Olympics Young Athletes Program (YAP) is an innovative inclusive play program for children with intellectual disabilities ages 2 - 7. The focus is on fun activities that are important to mental and physical growth. In the Young Athletes Program, children enjoy games and activities that develop motor skills and hand-eye coordination. They learn new things, play and have lots of fun! To get more information please contact the Special Olympics office at [info@sode.org](mailto:info@sode.org) or (302) 831-3484.

**Activity #:** 0525-306      **Fee:** FREE  
**Dates:** Sep. 21 - Nov. 9  
**Days:** Wed.      **Hours:** 5 - 6 p.m.  
**Location:** McVey E.S.

# FITNESS

## CLASS LEVELS

**Introductory** – This course is offered to individuals who are new to the program. It teaches the basics to get participants used to terminology and moves.

**Beginner** – This course is for beginners or individuals who would like a low level course.

**Intermediate** – This course is for individuals who would like a bit of a challenge.

**Advanced** – This course is for individuals who would like a challenge or are comfortable with a high level class.

**On-going** – This class is a long-standing class that typically has multiple returning participants. New participants are always welcome and instructors help new students join in by breaking down movements and techniques.

## INTENSITY LEVELS

**Low** – This course is not very intense cardiovascularly or muscularly.

**Moderate** – This course has some intensity, but is not overly difficult or demanding.

**Intense** – This course will challenge individuals with high cardiovascular or muscular demands.

**Variable** – This course may be modified for more or less intensity, depending on the needs of each student.

## CLASS TYPES

**Cardio** – This course will get your heart pumping and help improve your cardiovascular health.

**Strengthening** – This course will build your muscles and help you to maintain muscle tone.

**Flexibility** – This course will help you improve or maintain your muscles' range of motion.

**Combination** – This course combines cardio, strengthening, and flexibility to give you a whole body workout.

## FITNESS SHOWCASE

### Ages 18 & over

Not sure what class to register for? That's OK. Join several of Newark Parks & Recreation's fitness instructors for mini sessions that showcase their classes on Saturday, August 27 beginning at 8:30 a.m. The sessions will allow participants to see not only the class intensity, but also get a feel for each instructor and how they conduct their class. This showcase is free, but pre-registration is suggested.

**Activity #:** 3601-306

**Fee:** Free

**Dates:** Aug. 27

**Days:** Sat.

**Hours:** 8:30 a.m.

**Location:** George Wilson Center

## TOTAL BODY HOUR

### Ages 16 & over

*Gina Reich*

Up beat music and interesting routines keep participants focused on your fitness. A body sculpting workout using weights, body resistance, challenging moves, repetitions and cardio work. Gina will get participants motivated and burning calories in no time. Participants should only bring a water bottle, hand weights and a large exercise ball to class.

**CLASS LEVEL:** Intermediate - Advanced

**INTENSITY LEVEL:** Intense

**CLASS TYPE:** Combination

### AUG. - SEP.

**Activity #:** 3626-226

**Fee:** \$85 **RDF:** \$68

**Dates:** Aug. 8 - Sep. 26

*(No class 8/24, 9/5, & 9/7)*

**Days:** Mon. & Wed.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

### OCT. - NOV.

**Activity #:** 3626-306

**Fee:** \$85 **RDF:** \$68

**Dates:** Oct. 3 - Nov 14

*(No class 10/31)*

**Days:** Mon. & Wed.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

### NOV. - JAN.

**Activity #:** 3626-316

**Fee:** \$85 **RDF:** \$68

**Dates:** Nov. 28 - Jan. 16

*(No class 11/30, 12/26 & 28)*

**Days:** Mon. & Wed.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

# FITNESS

## STAY FIT

**Ages 18 & over**

*Carole Walsh*

A program of strength training and low impact aerobics, this upbeat and fun class will help you build and maintain muscle tone and improve cardiovascular fitness. Each session will include lively warm-ups; exercises that use a full range of motion for tone and flexibility; and the use of hand weights to increase upper body strength. A cool down and stretch will follow twenty-five minutes of aerobics adaptable to all levels of fitness. All routines are created by a well-qualified instructor with 30 years experience teaching exercise classes. Please bring an exercise mat and a pair of hand weights, one to three pounds each. (Loaner weights will be available for the first class).

**CLASS LEVEL:** Intermediate

**INTENSITY LEVEL:** Moderate

**CLASS TYPE:** Combination

### SEP. - OCT.

**Activity #:** 3620-306

**Fee:** \$68 **RDF:** \$53

**Dates:** Sep. 6 - Oct. 27

*(No class 9/13, 10/4 & 10/6)*

**Days:** Tue. & Thu.

**Hours:** 10 - 11 a.m.

**Location:** George Wilson Center

### NOV. - DEC.

**Activity #:** 3620-316

**Fee:** \$68 **RDF:** \$53

**Dates:** Nov. 1 - Dec. 15

*(No class 11/8 & 11/24)*

**Days:** Tue. & Thu.

**Hours:** 10 - 11 a.m.

**Location:** George Wilson Center

### JAN. - FEB.

**Activity #:** 3620-107

**Fee:** \$68 **RDF:** \$53

**Dates:** Jan. 5 - Feb. 14

**Days:** Tue. & Thu.

**Hours:** 10 - 11 a.m.

**Location:** George Wilson Center

## MULTI-LEVEL YOGA THURSDAYS

**Ages 18 & over**

*Valerie Lane*

For anyone interested in yoga, this class will focus on breath through a flow of standing and seated poses. The class will explore different styles and numerous adjustments and options for each pose will be given, making this class adaptable for any level of experience. Props are welcome but not required. Participants should bring a yoga mat, plenty of water, and a towel.

**CLASS LEVEL:** On-going

**INTENSITY LEVEL:** Variable

**CLASS TYPE:** Combination

### JULY - SEP.

**Activity #:** 3508-236

**Fee:** \$68 **RDF:** \$56

**Dates:** July 28 - Sep. 22

**Days:** Thu.

**Hours:** 5:15 - 6:30 p.m.

**Location:** George Wilson Center

### OCT. - DEC.

**Activity #:** 3508-326

**Fee:** \$68 **RDF:** \$56

**Dates:** Sep. 29 - Dec. 1

*(No class 10/27 & 11/24)*

**Days:** Thu.

**Hours:** 5:15 - 6:30 p.m.

**Location:** George Wilson Center

## FRIDAY MORNING YOGA

**Ages 18 & over**

*Kathleen Wright*

In this class, Yoga breathing and stretching is taught to help participants function at their best, physically and mentally. The instructor will work on different postures and areas of the body with every class. There will be special attention paid to help the individual student with their particular issues. All levels of age and fitness are welcome to join us. Students must bring their own mats, other props (straps & blocks) are provided by the instructor. Kathleen Wright is a longtime teacher of yoga in Wilmington & Newark and regularly pursues study with the most influential of senior teachers in the US and India.

**CLASS LEVEL:** On-going

**INTENSITY LEVEL:** Variable

**CLASS TYPE:** Combination

### SEP. - DEC.

**Activity #:** 3522-306

**Fee:** \$101 **RDF:** \$83

**Dates:** Sep. 9 - Dec. 16

*(No class 11/25)*

**Days:** Fri.

**Hours:** 9 - 10:30 a.m.

**Location:** George Wilson Center

# FITNESS

## EVENING AUTHENTIC YOGA

**Ages 18 & over**

*Meeta Gajjar Parker*

The ancient practice of yoga is a combination of exercises, breathing and meditation techniques. It has long been an effective way of relieving emotional stress, stretching and toning the body and connecting with yourself. Participants should wear loose comfortable clothing and bring a yoga mat. Meeta is the daughter of the late Bharat J. Gajjar who brought yoga to Delaware in the 60's. Participants can try the class for a fee of \$8.

**CLASS LEVEL:** On-going

**INTENSITY LEVEL:** Low - Variable

**CLASS TYPE:** Flexibility

### SEP. - NOV.

**Activity #:** 3525-306

**Fee:** \$81 RDF: \$64

**Dates:** Sep. 14 - Nov. 30

(No class 10/26 & 11/23)

**Days:** Wed.

**Hours:** 7 - 8 p.m.

**Location:** Newark Senior Center

### JAN. - MARCH

**Activity #:** 3525-107

**Fee:** \$81 RDF: \$64

**Dates:** Jan. 4 - Mar. 15

(No class 2/8)

**Days:** Wed.

**Hours:** 7 - 8 p.m.

**Location:** Newark Senior Center

## ZUMBA

**Ages 18 & over**

*Jennifer Palacio*

Zumba is an international rhythm-based dance fitness program. A high cardio one hour workout that includes salsa, cha-cha, samba, cumbia, meringue, mambo, calypso, belly dance, bollywood and much, much more! Who can do Zumba? ANYONE CAN!! Come to the party and dance your way into shape.

**CLASS LEVEL:** Beginner

**INTENSITY LEVEL:** Moderate

**CLASS TYPE:** Combination

### SEP. - NOV.

**Activity #:** 3511-306

**Fee:** \$70 RDF: \$56

**Dates:** Sep. 6 - Nov. 1

(No class 9/13)

**Days:** Tue.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

### NOV. - DEC.

**Activity #:** 3511-316

**Fee:** \$53 RDF: \$42

**Dates:** Nov. 15 - Dec. 20

**Days:** Tue.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

### JAN. - FEB.

**Activity #:** 3511-107

**Fee:** \$70 RDF: \$56

**Dates:** Jan. 3 - Feb 21

**Days:** Tue.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

## ZUMBA TONING

**Ages 18 & over**

*Jennifer Palacio*

Zumba® Toning is designed to strengthen, reshape your body and tone your muscles while burning even more calories. Here we combine music with dance, strength training and body sculpting workouts using 1-3lb toning sticks, hand weights or even your body weight along with aerobic moves.

**CLASS LEVEL:** Intermediate

**INTENSITY LEVEL:** Intense - Variable

**CLASS TYPE:** Combination

### SEP. - OCT.

**Activity #:** 3645-306

**Fee:** \$70 RDF: \$56

**Dates:** Sep. 8 - Oct. 27

**Days:** Thu.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

### NOV. - DEC.

**Activity #:** 3645-316

**Fee:** \$53 RDF: \$42

**Dates:** Nov. 10 - Dec 22

**Days:** Thu.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

### JAN. - FEB.

**Activity #:** 3645-306

**Fee:** \$70 RDF: \$56

**Dates:** Jan. 5 - Feb 23

**Days:** Thu.

**Hours:** 7 - 8 p.m.

**Location:** George Wilson Center

# SPECIAL INTEREST

## HORSEBACK RIDING LESSONS

### Ages 6 - 13

Group riding lessons at Sunset Stables. Lessons taught Western style. The horses are safe, reliable, and take good care of their riders. Horses are paired with guests according to riding ability.

**Activity #:** 1508-306      **Fee:** \$180 **RDF:** \$156

**Dates:** Oct. 6 - 27

**Days:** Thu.      **Hours:** 5:30 - 6:30 p.m.

**Location:** Sunset Stables

## PONY UP

### Ages 5 - 12

*Sunset Stables*

Pony Up is geared to give young children an introduction to horseback riding and horsemanship. Children will be introduced to proper horse etiquette, grooming, how to lead a pony, putting on the saddle and riding all in a safe and fun environment. Safety helmets are mandatory. Children must wear long pants and closed toed shoes.

**Activity #:** 1506-306      **Fee:** \$40 **RDF:** \$32

**Dates:** Oct. 8

**Days:** Sat.      **Hours:** 12 - 1 p.m.

**Location:** Sunset Stables

## CPR/AED AND FIRST AID

### Ages 12 & over

Participants learn to respond appropriately to cardiac and breathing emergencies. The course teaches the skills that participants need to know to give immediate care until more advanced medical personnel arrive. Students who successfully complete this course will receive certificates for CPR/AED - Adult which are valid for two years. Infant/Child CPR will be covered for any participant who requires it. American Red Cross First Aid will be covered for an additional \$20. Please contact the Recreation office at 366-7060 if you want to include First Aid.

**Activity #:** 3332-306      **Fee:** \$87 **RDF:** \$69

**Dates:** Oct. 9      **Hours:** 12 - 3 p.m.

**Days:** Sun.

**Location:** George Wilson Center

## SATURDAY ECOLOGY HIKING SERIES - NEW!

### All Ages

Join a naturalist the second Saturday of every month on a series of Hikes at Various Park Locations exploring the ecology of our local environment. Series includes Birding, Spiders and Pollinators, Native American Stories, Tree Identification and more!

**Activity #:** 3415-306      **Fee:** \$5 **RDF:** \$3

**Dates:** Sep. 10, Oct. 8,

Nov. 12, Dec.10      **Hours:** 10 a.m. - 12 p.m.

**Days:** Sat.

**Location:** Newark Parks, varies each month

## POKEMON GO WALK - NEW!

### Ages 15 & over

*(younger may attend if accompanied by an adult)*

Whether you are an avid trainer or are just starting out and want to learn from more experienced players, make the adventure even more fun by joining our group walk around the Newark Reservoir and Redd Park. This adventure is free, but pre-registration is suggested.

**Activity #:** 2502-306      **Fee:** FREE

**Dates:** Sep. 24

**Days:** Sat.      **Hours:** 5 - 7 p.m.

**Location:** Newark Reservoir

## FAMILY NIGHT HIKE

### All Ages

*Debbie Keese*

Experience the Reservoir by the light of the moon. Different senses are enhanced as darkness surrounds us and help us explore the world of nocturnal creatures. Join a naturalist on our night hike program and step into a different experience of the wild. Sturdy shoes, insect repellent, etc. are encouraged. Flashlights are optional but used sparingly; light dimming covers are provided.

**Activity #:** 3334-306      **Fee:** FREE

**Dates:** Oct. 14

**Days:** Fri.      **Hours:** 8 - 9:30 p.m.

**Location:** Newark Reservoir, Redd Park

# SPECIAL INTEREST

## BRICKS 4 KIDZ

**Ages 6 - 12**

Bricks 4 Kidz classes provide an extraordinary atmosphere for children, where We learn. We build. We play... with LEGO® bricks! Programs are built around proprietary model plans, designed by engineers and architects, with exciting themes such as space, construction, and amusement parks. For Fall 2016 students will start with our Air, Land and Sea theme- build sailboats, cars, helicopters and more! Most of the model builds are motorized. Our specially designed project kits and theme-based models provide the building blocks for the Bricks 4 Kidz approach to educational play.

**Activity #:** 1339-306      **Fee:** \$96 **RDF:** \$81

**Dates:** Oct. 6 - Nov. 10

**Days:** Thu.      **Hours:** 4 - 5 p.m.

**Location:** George Wilson Center

## 3,2,1, BLAST-OFF - NEW!

**Grades 3 - 6**

*Mad Science*

These are the voyages of young inquiring minds as they discover why we explore space. Take an exciting look at rocketry and aerodynamics. Learn about the purpose and use of rockets. Build your very own Mad Science rocket to take home. Experience the stages of flight by taking part in a NASA style rocket launch.

**Activity #:** 1419-306      **Fee:** \$50 **RDF:** \$46

**Dates:** Oct. 15

**Days:** Sat.      **Hours:** 10 a.m. - 12:30 p.m.

**Location:** George Wilson Center

## CHE-MYSTERY - NEW!

**Grades 3 - 6**

*Mad Science*

Your kids will be "wowed" by the spectacular experiments done with dry ice. They will learn about the states of matter and how we can get genies out of sealed bottles. Uncover the secrets of acids and bases, learn about the pH of common household chemicals, safety warning signs, and how acids and bases affect our daily lives. They will also watch as a film canister pops using an acid and a base.

**Activity #:** 1419-316      **Fee:** \$50 **RDF:** \$46

**Dates:** Nov. 12

**Days:** Sat.      **Hours:** 10 a.m. - 12:30 p.m.

**Location:** George Wilson Center

## WRITE, PUBLISH, SELL!

**Ages 18 and over**

*Lois Hoffman*

Whether you want to write a book as a marketing tool for your business, for your career as a writer, or as a creative hobby, find out how YOU can self-publish a book and sell it online at sites such as Amazon and Barnes and Noble. This course will take you on a tour of writing, editing, pricing, publishing, and marketing your book., plus a whole lot more. You will leave with a solid understanding of the self-publishing industry and how you and your book fit in.

**Activity #:** 3080-306      **Fee:** \$40 **RDF:** \$25

**Dates:** Nov. 16

**Days:** Wed.      **Hours:** 6:30 - 8:30 p.m.

**Location:** George Wilson Center

## CRIME PREVENTION

**Ages 16 & over**

*Cpl. James Spadola*

Are you interested in learning how to make you and your family safer in Newark? Take the first step by joining the discussion with Newark Police Department about steps that you can take every day to help keep you and your family safe. This class is free, but pre-registration is suggested.

**Activity #:** 3323-306      **Fee:** FREE

**Dates:** Nov. 17

**Days:** Thu.      **Hours:** 7 - 8 p.m.

**Location:** Newark Senior Center

# VISUAL & PERFORMING ARTS

## DANCE - LITTLE FEET 1

**Ages 3 ½ - 5**

Enhance your child's sense of rhythm and coordination with this beginner dance program. Through creative movement exercises set to music, children will learn creativity, motor control, balance, and self-confidence. A short Winter Show will be held on the final session at the George Wilson Center.

**Activity #:** 0010-306      **Fee:** \$115 **RDF:** \$99  
**Dates:** Sep. 20 - Dec. 13      *(No class 11/22)*  
**Days:** Tue.      **Hours:** 5:15 - 6 p.m.  
**Location:** George Wilson Center

## DANCE - COMBO 1

**Ages 5 - 7**

Enhance your child's dance experience with this combined class of ballet and tap. This class is full of fun activities to develop a safe progression of technique and focus on articulation, strength and more complex coordination. Attire: any color leotard, pink tights, pink ballet shoes, and black tap shoes. A short Winter Show will be held on the final session at the George Wilson Center.

**Activity #:** 1014-306      **Fee:** \$135 **RDF:** \$119  
**Dates:** Sep. 20 - Dec. 13      *(No class 11/22)*  
**Days:** Tue.      **Hours:** 6 - 7 p.m.  
**Location:** George Wilson Center

## DANCE - COMBO 2

**Ages 7 - 13**

Try out many forms of dance in this 12 week program. Children will learn techniques from Ballet, Jazz, Tap, Hip-Hop and Modern to see which inspires them the most. Emphasis will be placed on safe technique, proper body alignment, and coordination. Suggested attire: leotard, tights, and jazz shoes. A short Winter Show will be held on the final session at the George Wilson Center.

**Activity #:** 1014-316      **Fee:** \$135 **RDF:** \$119  
**Dates:** Sep. 20 - Dec. 13      *(No class 11/22)*  
**Days:** Tue.      **Hours:** 7 - 8 p.m.  
**Location:** George Wilson Center

## DANCE - BALLET

**Ages 7 - 12**

This ballet class will help your child develop their grace and elegance as a dancer. Through a well-balanced, progressive curriculum, students will develop technique and skill while gaining self-confidence and discipline. Increasingly complex barre and centre exercises are taught and jumps and turns are developed to increase strength. Attire: black leotard, pink tights, and pink ballet shoes. A short Winter Show will be held on the final session at the George Wilson Center.

**Activity #:** 1012-306      **Fee:** \$135 **RDF:** \$119  
**Dates:** Sep. 22 - Dec. 15      *(No class 11/22)*  
**Days:** Thu.      **Hours:** 6:30 - 7:30 p.m.  
**Location:** George Wilson Center

## BROADWAY MUSICAL THEATRE SINGIN' ON THE STAGE

**Ages 9 - 15**

*Rachel Barton*

Aspiring thesbeans can participate in 8 fun filled weeks learning show music, choreography and stage movement, and acting from a musical comedy script and then performing a musical revue. Theatre skills in vocalization, stage direction, choreography, scene creation, stage characterizations, song interpretation, improvisation, costuming and stage make-up will be covered. Students will develop a confident stage presence needed for an award winning performance for family and friends, On with the Show! Students must be present for the last two classes (dress rehearsal and performance) Past shows have included musical productions and scenes from Mary Poppins, Grease, Beauty & the Beast, Wicked, Pippin, The Wiz, and Annie.

**Activity #:** 1074-306      **Fee:** \$139 **RDF:** \$119  
**Dates:** Sep. 14 - Nov. 9      *(No class 10/19)*  
**Days:** Wed.      **Hours:** 4:30 - 6 p.m.  
**Location:** George Wilson Center

# VISUAL & PERFORMING ARTS

## CURTAIN'S UP THEATER

**Ages 8 - 14**

*Rachel Barton*

Acting students learn the acting skills & techniques needed to give a polished stage performance. Students learn stage movement, stage direction, vocalization, auditioning techniques, stage terminology, improvisation, character development, stage make-up, costuming, blocking, cold readings, awareness, trust, and many other theatre skills. Acting students will develop self confidence, a positive interaction with others and have fun as they work towards a final scripted stage performance for family and friends. Students must be present for the last two classes (dress rehearsal & performance) Past productions have included The Wizard of Oz, Charlie and the Chocolate Factory, Alice in Wonderland, Anne of Green Gables, Downton Abbey Spoof- Oh My Word, and A Midsummer Night's Dream.

**Activity #:** 1072-306

**Fee:** \$139 **RDF:** \$119

**Dates:** Sep. 16 - Nov. 18

*(No class 10/21)*

**Days:** Fri.

**Hours:** 4:30 - 6 p.m.

**Location:** George Wilson Center

## ACTING FOR THE CAMERA INTENSIVE

**Ages 10 - 15**

*Rachel Barton*

An exciting acting program where students learn how to perform for the camera. Different acting techniques exclusive to film acting will be explored. Students will get to work from movie & TV scripts as well as create their own scripts complete with camera shots. The learning process of auditioning, directing, and filming will round out this course. During each class students will observe their performance, directing and camera skills and receive positive feedback by watching their videos. Students' work will be celebrated in a short film festival for family and friends during the last class. DVD's can be purchased for a nominal fee.

**Activity #:** 1033-306

**Fee:** \$56 **RDF:** \$40

**Dates:** Dec. 2 - 16

**Days:** Fri.

**Hours:** 4:30 - 6 p.m.

**Location:** George Wilson Center



# VISUAL & PERFORMING ARTS

**FOR UPDATES ON ACTIVITY  
CANCELLATIONS CALL THE LEISURE  
TIME HOTLINE  
(302) 366-7147**

## DRAWING & PAINTING - SATURDAY

### Ages 6 - 10

Learn the fundamentals of drawing and painting in this four week beginner's class. Drawing techniques, perspective and technical skills will be explored using pastels, pencil, watercolor and acrylics. All materials will be provided.

**Activity #:** 1034-306      **Fee:** \$90 **RDF:** \$74  
**Dates:** Sep. 10 - 24  
**Days:** Sat.      **Hours:** 9:30 a.m. - 12 p.m.  
**Location:** George Wilson Center

## SATURDAY MORNING ART (SMART)

### Ages 7 - 12

Children's creativity and imagination will be challenged while working on an art or craft project. New techniques will be explored each week. This is a chance for children to really discover and develop their artistic abilities while having fun.

**Activity #:** 1000-306      **Fee:** \$96 **RDF:** \$78  
**Dates:** Oct. 1 - 22  
**Days:** Sat.      **Hours:** 10 a.m. - 12 p.m.  
**Location:** George Wilson Center

## NEW!

## FALL WREATH MAKING

### Ages 18 & over

Celebrate the Fall by decorating your home with beautiful handmade wreaths! A \$5 material fee to be paid 1st day of class and all materials will be provided.

**Activity #:** 3231-306      **Fee:** \$73 **RDF:** \$56  
**Dates:** Oct. 1  
**Days:** Sat.      **Hours:** 1 - 4 p.m.  
**Location:** George Wilson Center

## ADULT POTTERY

### Ages 16 & over

*Carole Fox*

Participants will learn how to hand build with clay and work on the potter's wheel. Students can then explore their area of interest. Returning students may continue at their own pace. 12 lbs. of clay, glazes and firings included. Additional clay can be purchased for \$15 per 25 lb. bag.

**Activity #:** 3128-306      **Fee:** \$180 **RDF:** \$157  
**Dates:** Sep. 8 - Oct. 27  
**Days:** Thu.      **Hours:** 6:15 - 8:15 p.m.  
**Location:** George Wilson Center



## POTTERY FOR KIDS

### Ages 8 - 16

*Carole Fox*

Create dishes, sculptures and decorative items from a lump of clay! Children will design and make projects as they learn a variety of forming techniques. All glazes used are non-toxic and dinnerware safe. Participants are encouraged to wear old clothing to class.

**Activity #:** 1120-306      **Fee:** \$105 **RDF:** \$89  
**Dates:** Sep. 15 - Oct. 20  
**Days:** Thu.      **Hours:** 4:30 - 6 p.m.  
**Location:** George Wilson Center

## ADULT POTTERY: MAKE IT FROM CLAY

### Ages 16 & over

*Carole Fox*

Class participants will make several projects from clay with step by step instruction. Easy to do projects with professional looking results! Just in time for the gift-giving season.

**Activity #:** 3128-316      **Fee:** \$119 **RDF:** \$99  
**Dates:** Nov. 3 - Dec. 8  
**Days:** Thu.      **Hours:** 6:15 - 8:15 p.m.  
**Location:** George Wilson Center

# TRIPS

## NEW YORK CITY

Here's that December New York trip that many residents look forward to. Travelers will be dropped off near Radio City Music Hall then are on their own to enjoy the lights, decorations and holiday atmosphere. Trip cost includes motor coach transportation.

**Activity #:** 4712-306

**Fee:** \$59 **RDF:** \$49

**Dates:** Dec. 10

**Days:** Sat.

**Hours:** 7 a.m. - 9 p.m.

**Location:** Newark Municipal Building

1. Register by mail, online or in person. No phone registrations will be accepted.
2. Trips will depart from the City Municipal Building, 220 South Main Street and will assemble in the rear parking lot.

3. Youth under age 18 must be accompanied by a responsible adult on each trip.

4. The Parks and Recreation Department does not permit smoking while in the bus.

5. Newark residents are not permitted to register non-resident registrants during the "Newark Resident Only" registration period.

6. Refunds cannot be given unless seats and program tickets can be resold.



# EVENTS

## COMMUNITY DAY

**Sunday, Sep. 18 (Rain date Sep. 25)**

**UD Green from Memorial Hall to Main Street**

**11 a.m. - 4 p.m.**

The City of Newark's Parks and Recreation Department, in cooperation with the University of Delaware, Christina School District and the Downtown Newark Partnership present the area's premier fall festival on Sunday, September 18. This exciting event features fun for the entire family. The Green provides the perfect outdoor venue for local musicians and demonstration groups. A food court will have a variety of foods. Fine Art and Homemade Craft vendors will be displaying and selling their creations. The Children's Area includes Scarecrow Making and more. Community Information booths and activities are supplied by a variety of local businesses and organizations. Enjoy dining and retail specials at Main Street merchants and demonstrations on the Academy Building Lawn. Please remember that pets are not comfortable in the heat and crowds, so for their safety and the safety of those attending the event, please leave your pets at home. This program is made possible, in part, by a grant from the Delaware Division of the Arts, a state agency dedicated to nurturing and supporting the arts in Delaware, in partnership with the National Endowment for the Arts. Sponsors include Dow and DuPont.

Vendor packages are available at [www.cityofnewarkde.us/play](http://www.cityofnewarkde.us/play).

For more information call the Parks and Recreation Office at (302) 366-7000 or email [parksrec@newark.de.us](mailto:parksrec@newark.de.us).



# EVENTS

## FALL COMMUNITY CLEAN UP

**Saturday, Oct. 8**

**Newark Municipal Building**

**9 - 11 a.m.**

Grab your family and friends and help keep Newark beautiful. Join us at the City of Newark Municipal Building on Saturday, October 8 from 9 - 11 a.m. Individuals and volunteer groups are welcome. Gloves and trash bags will be provided. For additional information or to volunteer for the clean-up, please call the Recreation office at (302) 366-7000 or email [parcsrec@newark.de.us](mailto:parcsrec@newark.de.us). Please provide the following information of those interested in participating for the Clean Up - Name, Age, Phone Number, Emergency Contact Information, and desired clean up location (not required).

## MAYORS MASQUERADE 5K RUN/WALK

**Sunday, Oct. 23**

**Delaware Technology Park, 1 Innovation Way**

**8 - 11 a.m.**

Join us for the City of Newark's third annual Mayor's Masquerade 5k run and walk. The race will begin at the Delaware Technology Park, 1 Innovation Way in Newark and the course will be on the James Hall Trail. Awards will be given in seven age categories and overall male and female. Costume awards will also be given for those walking and running in costumes. Online registration will be at [www.fusionracetiming.com](http://www.fusionracetiming.com). Participants may also complete the standard registration form and mail or walk in your registration form to the Park and Recreation office.

**Fee:** \$15 per-registration (on or before October 21)  
\$20 same-day registration

**Hours:** 8 - 8:45 a.m. pre-registration and check-in  
9 a.m. race time

## FALL FLEA MARKET

It's time to clean out your garage, attic or basement and join other flea marketers for the City of Newark, Parks and Recreation Department's Annual Fall Flea Market. This event is not only fun but also profitable. If you do not have anything to sell, don't worry, because there will be a large assortment of new and used items available for purchase at hard to beat prices.

**Activity #:** 4500-306

**Fee:** \$27 **RDF:** \$19

**Dates:** Oct. 22

(*Raindate Oct. 29*)

**Days:** Sat.

**Hours:** 8 a.m. - 1 p.m.

**Location:** George Wilson Center

## HALLOWEEN PARTY AT GWC

**Ages 3 - 12**

Boo! It's time for our annual Halloween Costume Party at the George Wilson Center. Join us for special Halloween games, refreshments, a fabulous costume contest and even a spooky room to enter if you dare. Come on out for a ghostly great time and a lot of fun! No pre-registration required, pay at the door.

**Dates:** Oct. 27

**Fee:** \$2 at the door

**Dates:** Thu.

**Hours:** 4 - 5:30 p.m.

**Location:** George Wilson Center

## TRICK OR TREAT MAIN STREET

**Sunday Oct. 30**

Ghosts and goblins, fairies and princesses join in the fun of Trick or Treat Main Street, an event paired with the Halloween Parade. There will be goodies from many stores, downtown businesses, and much more. Bring a camera and have your picture taken in the Pumpkin Patch. All municipal lots will offer free parking to cars during the events. For the safety of the children, Main Street will remain closed throughout Trick or Treat Main Street. There is no rain date for this event. Please remember that pets are not comfortable in the heat and crowds of large events, so for their safety and the safety of those attending the event, please leave your pets at home. For additional information, please call the Newark Parks and Recreation Department at (302) 366-7000. For cancellation information, please call (302) 366-7147.

# EVENTS

## HALLOWEEN PARADE

Sunday, Oct. 30

Main Street

3 p.m.

Newark's 69th annual Halloween Parade is drawing near. Plan now to be a part of this special Halloween event, complete with marching bands, floats, antique automobiles, costumed characters and much more. The parade begins at Tyre Avenue and Main Street and marches west on Main Street, to College Avenue. Local clubs, civic groups, school bands, PTA's and scout troops are encouraged to participate. See below for additional information on participation or call 366-7000. Applications are also available online at [www.cityofnewarkde.us](http://www.cityofnewarkde.us).

**Pre-registration is not necessary if:** You simply wish to come in costume and walk in the parade. A special line up space will be provided. Check in at the information booth at George Read Park by 2:30pm on parade day.

**Note to Politicians or Political Groups:** If you wish to march in the parade, you must be in costume and pre-register. We appreciate your cooperation.

Please remember that pets are not comfortable in the heat and crowds of large events, so for their safety and the safety of those attending the event, please leave your pets at home. There is NO RAIN DATE for this event. For cancellation information, please call 366-7147.

### Parade Categories (Pre-registration is necessary)

**Marching Bands or Musical Groups** – Any marching band or musical group. High School and Junior High Marching Bands must have a minimum of 25 musicians and be pre registered for the parade in order to qualify for a donation.

**Floats** – Floats will be judged on their Halloween theme, and monetary prizes will be awarded to 1st, 2nd and 3rd place.

**Please fill out the application slip on the bottom and return it before Friday, October 14 at 5:00 p.m.**

### Please note the following road closures:

Main Street (Library Avenue to North College), Tyre Avenue/Delaware Circle, Delaware Avenue (Chapel Street to Library Avenue)

**Large Marching Group** – Must include a minimum of 10 individuals with at least 2 adults (if children are 12 or under, there must be 1 adult per 5 children). Awards will be presented for the 1st, 2nd & 3rd place.

**Small/Family Marching Group** – Must have an overall theme and consist of at least 5 members and fewer than 10 members. Awards will be presented for the 1st, 2nd and 3rd place.

**Vehicles** – Antique automobiles with or without costumed drivers/riders.

Name of Organization, Group, or Individual: \_\_\_\_\_

Please circle one of the below categories: Band   Float   Large Group   Small & Family Group   Vehicle

Number of People Marching: \_\_\_\_\_ Number of Vehicles: \_\_\_\_\_ Length of Float: \_\_\_\_\_ Music: Yes   No

Political: Yes   No   Oversized Vehicle: Yes   No   Theme (if known): \_\_\_\_\_

Notes: \_\_\_\_\_

Name of Contact Person: \_\_\_\_\_ Phone #: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Email Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ **29**

# EVENTS

## NEWBARK PAWLOOZA

**Saturday, Nov. 5**

**9 a.m. - 1 p.m.**

**Handloff Park**

Grab a leash and your BFF (Best Furry Friend) and join The Newark Parks and Recreation Department for a howling good time on Saturday, November 5 at Handloff Park. NewBark PawLooza will be a furrytastic good time with exciting activities and vendors that will provide all of your pooch pampering needs. Watch doggie demos, participate in canine contests, enjoy a romp around the reservoir, or meet your new best friend at a local rescue group booth. Vendor packets are now available. All dogs must be leashed (6' or less), non-aggressive, and up to date on their shots in order to attend.

## TURKEY TROT - RUN / WALK

**Saturday, Nov. 19**

**Handloff Park**

The 5K and 10K Runs and 5K Walk will be held on Saturday, November 19 at Handloff Park on Barksdale Rd in Newark. Pre-race shirt and number pick up at the Parks and Recreation office will be held on Friday, Nov 18 from 8:30 a.m. - 5:00 p.m. for those registered by Nov 11. Please remember that pets are not comfortable in the heat and crowds, so for their safety and the safety of those attending the event, please leave your pets at home. This is a rain or shine event. For additional information, please call the Newark Parks and Recreation Department at 302-366-7000 or the Hotline at 366-7147.

Both courses (5K and 10K) have been Certified. There will be 10 men's and 10 women's divisions in each run. The first 500 registrants will receive a long sleeve T-shirt. Prizes will be awarded to overall winners, as well as winners in age group categories for each run. Overall 1st, 2nd and 3rd place awards will be given for the 5K Walk. Be sure to list your age on race day so we can accurately place you in the appropriate division. Random awards will be given during the awards ceremony, following the 5K. All winners must be present during the ceremony in order to collect their award.

This year's online registration will be taken on the Races2Run website ([www.races2run.com](http://www.races2run.com)) for your convenience. You may still fill out our standard registration form for the race and mail or walk in your registration. Registrations must be received by Wednesday, November 16.

Part of the proceeds go towards the James F. Hall Scholarship Fund to provide tuition assistance to youth who would otherwise be unable to participate in activities and programs through Newark Parks and Recreation Department. Once again this year the Ancient Order of Hibernians will be collecting coats that will be distributed to people in need throughout the area. Anyone interested in making a donation may bring coats in good condition the morning of the race.

### EVENT

### START TIME

### FEES

10K Run

9 a.m.

\$25 pre-registration (on or before November 17)

5K Walk/Run

10:30 a.m.

\$30 on November 18 & 19

\$5 Second Race

**REGISTER ONLINE AT [RACES2RUN.COM](http://RACES2RUN.COM)**

# EVENTS

## 30TH ANNUAL THANKSGIVING DAY BREAKFAST

Enjoy Thanksgiving Day morning in the company of Newark neighbors and friends. The Parks and Recreation Department, area merchants and volunteers celebrate our 30th year of gathering together to offer this special breakfast. The mission is to create a warm and caring atmosphere among community members, older adults and area students who are unable to share the holiday with family members or a companion. This year's menu will include pancakes, eggs, sausage, fruit, coffee, juice, and tea. People over the age of 60 MAY ATTEND AT NO COST. Advanced registration is suggested. Volunteer assistance is needed; please call 366-7000 for more information.

**Activity #:** 4511-306                      **Fee:** \$3 in Advance  
**Dates:** Nov. 24                              \$6 at the door  
**Days:** Thu.                                      **Hours:** 8 - 10:30 a.m.  
**Location:** Newark Senior Center

## WINTERFEST

**Friday, Dec. 2 (Raindate Saturday, Dec. 3)  
6 - 8 p.m. on the Academy Building Lawn and Main Street**

Winterfest promises to be a wonderful addition to the holiday season. Holiday entertainment, roasting chestnuts, caroling, tree lighting, ice carving demonstrations, and much more will fill this wonderful evening of fun for the whole family. Winterfest is a joint effort by the Newark Parks and Recreation Department, the University of Delaware, and the Downtown Newark Partnership. The Delaware Special Olympics will be holding their Annual Reindeer Run in conjunction with Winterfest ([www.sode.org](http://www.sode.org)). This program is made possible, in part, by a grant from the Delaware Division of the Arts, a state agency dedicated to nurturing and supporting the arts in Delaware, in partnership with the National Endowment for the Arts.

## SANTA'S SECRET SHOPPE

Children are invited to participate in Santa's Secret Shoppe at the George Wilson Center. This unique and cost effective holiday event gives children the opportunity to purchase gifts for family and friends with a pint sized price tag. All items will be priced \$5.00 and under and will be gift wrapped for free. Volunteers will be on hand to assist children with shopping. Vendors, crafters or local businesses that wish to participate in the Santa's Secret Shoppe should call 302-366-7000 or stop by the Recreation Office to obtain an application. Vendor space is limited.

**Dates:** Dec. 3                                      **Fee:** Free to shop  
**Days:** Sat.    **Hours:** 9:30 - 11:30 a.m.  
**Location:** George Wilson Center

## SNACK WITH SANTA

Get into the spirit by joining Santa for snacks, crafts, games and a relaxed visit at the George Wilson Center. Residents are encouraged to bring their camera to capture some special moments. Children must be accompanied by a paying adult. No pre-registration required – pay at the door.

**Activity #:** 1511-316                              **Fee:** \$2 per person  
**Dates:** Dec. 3                                      **Hours:** 9:30 - 11:30 a.m.  
**Days:** Sat.  
**Location:** George Wilson Center



# City of Newark Department of Parks and Recreation Activity Registration Form

Please print and fill out completely.

### RESPONSIBLE ADULT

Must reside within the corporate limits of Newark.  
Resident\* Non-resident

First Name  M.I.  Last Name  Birthdate  -  -

Mailing Address

City  State  Zip Code

Home Phone  Work Phone  Cell Phone

Email Address  Please check if you would like to have receipt and information emailed to you.

### PARTICIPANT INFORMATION

First Name  M.I.  Last Name  Sex  Birthdate  -  -  Age

Activity Number  -  Activity Name  Total Fee \$  .

First Name  M.I.  Last Name  Sex  Birthdate  -  -  Age

Activity Number  -  Activity Name  Total Fee \$  .

### HEALTH INFORMATION

**TOTAL AMOUNT \$**

Does participant have any allergies? Yes No

If yes, Please explain: \_\_\_\_\_

Does participant have any physical or mental conditions that might require special consideration/attention? Yes No

If yes, please explain \_\_\_\_\_

### ADDITIONAL INFORMATION FOR YOUTH SPORTS LEAGUES

Sports program (please circle one) Basketball Soccer

League Name \_\_\_\_\_ Last Year's Team (if in same league) \_\_\_\_\_

Shirt Size (please circle one) Y/M Y/L A/S A/M A/L A/XL Is sibling in same league? Yes No Name \_\_\_\_\_

Is parent interested in coaching? Yes No Name \_\_\_\_\_ Phone number \_\_\_\_\_ Email \_\_\_\_\_

### Emergency Release Waiver

I, the undersigned (or parent or guardian of \_\_\_\_\_) hereby authorize the City of Newark, Department of Parks and Recreation and emergency care personnel to provide and render necessary medical care and treatment of myself and/or the aforesaid child for any illness or injury, which may be suffered at any time while participating in Department of Parks and Recreation programs. It is understood that time permitting, specific permission from parent/guardian or family member will be secured in the event of any medical treatment or surgery is to be undertaken, but that, should an emergency arise, this authorization and consent will cover such an event. Also, I/we hereby accept responsibility for any accident which may occur in connection with this recreation activity, hold harmless the City of Newark, and all other parties involved in the promotion and/or conducting of the above named activity. As well, I/we understand that the City of Newark provides NO insurance coverage for this activity. I give permission for myself and/or my child to be photographed while participating and/or attending a Parks & Recreation activity. I understand that photos may be used in future publicity.

Signature (If under 18, parent/guardian must sign) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

The activities offered by the Newark Parks and Recreation Department are accessible to individuals with disabilities. If there are any reasonable accommodations that we might need to make for the participant to fully participate in this/these activities, please call the Parks and Recreation office to discuss the matter with the activity supervisor(s).

Please return registration form with payment to:  
**Newark Parks & Recreation Department**  
220 South Main Street  
Newark, DE 19711  
Fax (302) 366-7169

Payment type: Cash  Check  Credit Card  Security Code

Card #

Exp Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Name on card (Print) \_\_\_\_\_  
Make check(s) or money order payable to: **CITY OF NEWARK**

If you have questions about any of our programs, please call (302) 366-7000 or email parksrec@newark.de.us.

# City of Newark Department of Parks and Recreation Activity Registration Form For Camp and Extended Youth Activities

Please print and fill out completely for Day Camps, Sports Camps, Before/After care and Schools Out

<b>Responsible Adult</b>		*Must reside within the corporate limits of Newark.	
First Name	M.I.	Last Name	Resident* <input type="checkbox"/> Non-resident <input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Mailing Address		Birthdate	
<input type="text"/>		<input type="text"/>	
City	State	Zip Code	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Home Phone	Work Phone	Cell Phone	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Email Address			Please check if you would like to have receipt and information emailed to you. <input type="checkbox"/>
<input type="text"/>			

<b>Participant Information</b>			
First Name	M.I.	Last Name	Sex <input type="checkbox"/> Birthdate <input type="text"/> - <input type="text"/> - <input type="text"/> Age <input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Activity Number	Activity Name	Total Fee	
<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	
<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	
<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	
<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	

<b>Supplemental Information</b>	TOTAL (From this sheet and others attached) \$ <input type="text"/>
---------------------------------	---

1. Parent/Guardian Name \_\_\_\_\_ Work Phone \_\_\_\_\_ Work Hours \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Parent/Guardian Name \_\_\_\_\_ Work Phone \_\_\_\_\_ Work Hours \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Home Phone \_\_\_\_\_  
 Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_
2. Person other than the parent/guardian to whom the child may be released \_\_\_\_\_
3. Child's Doctor \_\_\_\_\_ Phone \_\_\_\_\_
4. Medical Insurance Company \_\_\_\_\_ Policy /Group Number(s) \_\_\_\_\_
5. Is child under medical care? \_\_\_\_\_ If yes, please explain \_\_\_\_\_
6. Is it necessary for child to take medication during the program hours? \_\_\_\_\_ If yes, please explain \_\_\_\_\_
7. Date of most recent DPT shot \_\_\_\_\_  
 Does child have any allergies? \_\_\_\_\_ If yes, please explain \_\_\_\_\_
8. My child is permitted to participate in all activities to include short walking trips under the supervision of the program staff.

### Emergency Release Waiver

I, the undersigned (or parent or guardian of \_\_\_\_\_) hereby authorize the City of Newark, Department of Parks and Recreation and emergency care personnel to provide and render necessary medical care and treatment of myself and/or the aforesaid child for any illness or injury, which may be suffered at any time while participating in Department of Parks and Recreation programs. It is understood that time permitting, specific permission from parent/guardian or family member will be secured in the event of any medical treatment or surgery is to be undertaken, but that, should an emergency arise, this authorization and consent will cover such an event. Also, I/we hereby accept responsibility for any accident which may occur in connection with this recreation activity, hold harmless the City of Newark, and all other parties involved in the promotion and/or conducting of the above named activity. As well, I/we understand that the City of Newark provides NO insurance coverage for this activity. I give permission for myself and/or my child to be photographed while participating and/or attending a Parks & Recreation activity. I understand that photos may be used in future publicity.

Signature (If under 18, parent/guardian must sign) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

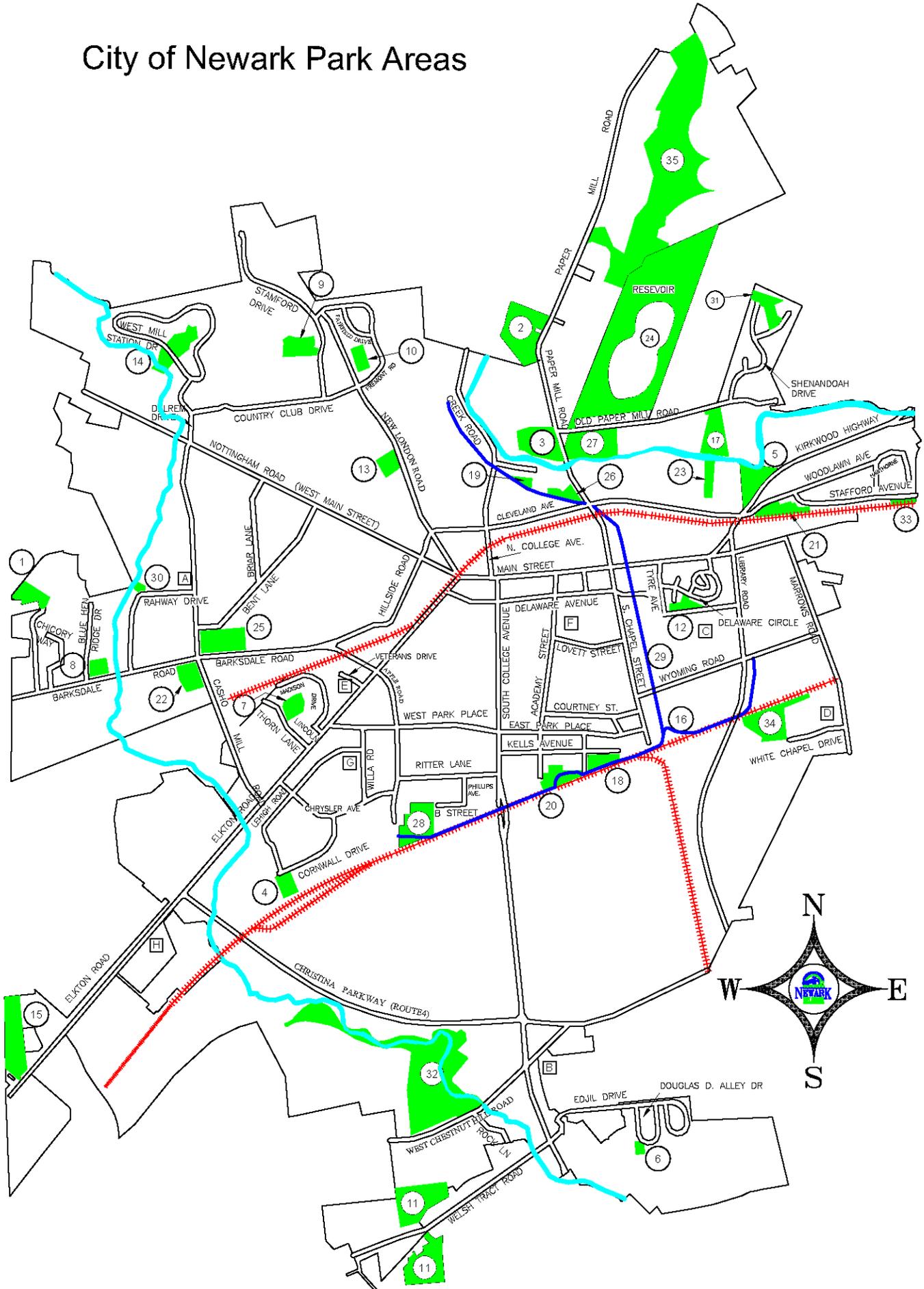
The activities offered by the Newark Parks and Recreation Department are accessible to individuals with disabilities. If there are any reasonable accommodations that we might need to make for the participant to fully participate in this/these activities, please call the Parks and Recreation office to discuss the matter with the activity supervisor(s).

Please return registration form with payment to:  
**Newark Parks & Recreation Department**  
 220 South Main Street  
 Newark, DE 19711  
 Fax (302) 366-7169

Payment type:	<input type="checkbox"/> Cash	<input type="checkbox"/> Check	<input type="checkbox"/> Credit Card	<input type="checkbox"/> Security Code
Card #	<input type="text"/>			
Exp. Date	____/____/____		Name on card (Print) _____	
Make check(s) or money order payable to: CITY OF NEWARK				

If you have questions about any of our programs, please call (302) 366-7000 or email parksrec@newark.de.us.

# City of Newark Park Areas



# City of Newark

## City of Newark

### Park Areas

Refer to Parks Map on page 36

NOTE: Lighted courts will be available for evening play until 10 p.m. from early March to early December

#### PARKS AND LOCATIONS

	MAP LOCATION	AREA (ACRES)	TENNIS COURT *(NO LIGHTING)	TENNIS PRACTICE WALL	BASKETBALL COURT *(NO LIGHTING)	BASEBALL-SOFTBALL FIELD	PLAYGROUND EQUIPMENT	SWIMMING POOL	PICNIC TABLES	COMMUNITY CENTER	NATURAL AREAS AND TRAILS	PARKING	SHELTER	SOCCER	FACILITY RENTAL (HALL/KITCHEN)	HORSESHOE COURTS	VALLEY STREAM ACCESS	STREET HOCKEY COURTS	BOTANICAL AREA
COLEMAN	Country Hills Dr.	1 5.7									X								
COVERDALE	396 Paper Mill Rd.	2 16.8									X							X	
CURTISMILL	225 Paper Mill Road	3 7							X		X	X						X	
DEVON	46 Cornwall Dr.	4 4.6					X		X										
DOROTHY P. MILLER	Capitol Trail	5 7.28									X							X	
DOUGLAS D. ALLEY	420 Douglas D Alley Dr	6 .9					X		X										
EDNA C. DICKEY	60 Madison Dr.	7 8.2			1	1	X	X	X			X	X			6		X	
ELAN	2 Blue Hen Dr.	8 6.7			*1		X		X			X	X						
FAIRFIELD	491 Stamford Dr.	9 7.0	3		2	1	X		X			X	X	X					
FAIRFIELD CREST	20 Winfield Drive	10 3.7	1		*1		X		X										
FOLK PARK	98 Welsh Tract Rd.	11 34.6	1*		*1	1	X		X		X	X				1			
GEORGE READ	315 Delaware Cir.	12 2.8			*1	1	X		X			X							
GEORGE WILSON CENTER	303 New London Road	13 4.8	1		1	1	X	1	X	X		X	X		X	1			
HIDDEN VALLEY	120 W Mill Station Dr.	14 6.5			*1		X				X							X	
IRON GLEN	Elkton Road	15 12.4			Future Development														
JAMES F. HALL TRAIL		16 1.76									X	X							
KARPINSKI	345 Old Paper Mill Rd.	17 8.0									X							X	X
KELLS	201 Kells Ave	18 5.2		1	2	1	X		X		X	X	X	X					
KERSHAW	197 Paper Mill Rd.	19 2.0	2*								X							X	
LEWIS	727 Academy St.	20 4.2	2				X		X		X	X	X						
LUMBROOK	100 Woodlawn Ave.	21 5.9	2		2	1	X		X			X	X						
LEROY C. HILL	Barksdale & 1000 Casho Mill Rds.	22 6.3				1						X							
MCKEES	100 McKees Ln.	23 4.0			1		X		X				X					X	
NEWARK RESERVOIR	Old Paper Mill Road	24 113									X	X							
NORMA B. HANDLOFF	1000 Barksdale Rd	25 15.8	3	1	2	2	X		X			X	X						
OLAN THOMAS	100 Paper Mill Rd.	26 4.3																	X
OLD PAPER MILL PARK	Old Paper Mill Rd	27 12.3			Future Development												X		
PHILLIPS	101 B St.	28 13.7	3		2		X		X		X	X	X						
POMEROY TRAIL		29																	
RAHWAY	922 Rahway Dr.	30 .9					X											X	
RIDGEWOOD GLEN	Shenandoah Dr.	31 12.4					X				X								
RITTENHOUSE	228 West Chestnut Hill Rd.	32 45.9					X		X		X	X	X					X	
STAFFORD	420 Stafford Ave.	33 1.8					X												X
WHITE CHAPEL	40 White Chapel Rd.	34 10			1		X		X				X						
W M REDD, JR	500 Paper Mill Rd.	35 68.5					X				X	X							

#### OTHER FACILITIES USED FOR PROGRAMS

A. DOWNES SCHOOL  
220 Casho Mill Road

B. MCVEY SCHOOL  
908 Janice Drive

C. NEWARK HIGH SCHOOL  
750 Delaware Avenue

D. NEWARK SENIOR CENTER  
200 White Chapel Drive

E. PARKS AND RECREATION OFFICE  
220 SOUTH MAIN STREET

F. WEST PARK SCHOOL  
193 West Park Place

G. NEWARK CHARTER SCHOOL  
2001 Patriot Way

